

B.V. Patel Institute of Business Management, Computer & Information Technology, UkaTarsadia University

Vanita - Women Development Club

Date: 16/09/2015

Grooming Session on Hairstyling and Eye Make Up

'Vanita- Women Development Club" organised a training program on personal grooming for its members. Personal grooming is important for women as it communicates their seriousness about the way they look. One needs to look professional and crisp for business.

Ms. Yagna Vyas and Ms. Niyati Shah told the girls that their hair should be clean, neat, tidy



and elegantly styled. They educated the participants about the significance of hair styling in the context of personal grooming and highlighted that youngsters should consider a hairstyle that suits the shape of their face and lifestyle. A medium long hairstyle is the most versatile. One can wear it up or down, straighten it or curl it, tie up in a casual pony tail or leave it as it is.

Various video clippings on low maintenance hairstyling were screened. The girls were also shown videos on eye makeup and selection of spectacles for their routine and

professional looks. It was a very different kind of session which motivated the girls to be at their best.

